

Youth Mental Health First Aid Training



10.2%

of youth will be diagnosed with a substance use disorder in their lifetime.

Source: Youth Mental Health First Aid**

1 IN 5

teens and young adults lives with a mental health condition.

Source: National Alliance for Mental Illness*

50%

of all mental illnesses begin by age 14, and 75% by the mid-20s.

Source: Archives of General Psychiatry***

Saturday, June 7, 2025

10:00am - 4:00pm

Camp Teetonkah

3710 Burkhart Road | Jackson, Michigan 49201

Course details:

First Aid is the process of identifying the symptoms and being able to provide corrective action so that the person is stabilized and can be assisted. Mental Health First Aid is knowing the signs for mental issues for another person and knowing how to stabilize and assist that person with finding the appropriate professional help.

As adult volunteers working with youth, we come across multiple situations requiring our first aid skills from a simple scrape to more serious injuries. This also applies to the mental health of our youth from simple cases of depression to the more serious mental disorder that can lead to youth suicide. In this course you will learn to:

- Know how to identify the symptoms of mental health
- Preserve life when a person may be a danger to self or others
- Prevent the problem from becoming more serious
- Provide comfort and support as well as promote recovery
- Help to identify or guide a person to appropriate resources and support

Cost: \$10

Register today at the link below
(lunch is provided)



WHO SHOULD ATTEND?

- Unit Leaders
- Volunteers
- Staff



<https://scoutingevent.com/272-YMHFA/>