

MENU PLANNING SHEET (Provide Week Long Menu Form)

WEEK OF _____ UNIT # _____

	MEAL	MENU ITEMS (STEW, DRINK, DESSERT, ETC.)	PREPARATION ITEMS (CONDIMENTS, WATER FOR DRINK, ETC.)
Day 1	DINNER		
Day 2	BREAKFAST		
	LUNCH		
	DINNER		
Day 3	BREAKFAST		
	LUNCH		
	DINNER		
Day 4	BREAKFAST		
	LUNCH		
	DINNER		
Day 5	BREAKFAST		
	LUNCH		
	DINNER		
Day 6	BREAKFAST		
	LUNCH		